

DISABILITY ROADMAP

for Ontario midwives

Not feeling your best?

Get back on track before you need to stop work. **Health InSight** offers an online wellness centre and counselling; **Dialogue's*** services include virtual doctor visits, prescription delivery, and unlimited psychotherapy. You can access these programs at any time, even when you feel fine and want to focus on wellness.



Last day worked

You are unable to perform the essential duties of a midwife due to illness or injury. See your doctor as soon as possible. SSQ Insurance may determine your date of disability based on the day you consulted your treating physician.

Submit Disability forms

Disability leave application forms must be completed and submitted to **SSQ Insurance** 6 weeks before the end of the waiting period.



91 days after last day worked

Once approved, Short-Term Disability benefits will commence.



Call AOMBT

We'll talk you through the application process. You may be eligible for early intervention and support services provided by **Genex*** during the 90-day elimination period, or if your claim is declined.



To be eligible for disability benefits, you must be **under the care of a physician and following a treatment plan.**

After 6 months on Short-Term Disability

If you are still unable to work, SSQ Insurance and AOMBT staff will work with you on your transition to Long-Term Disability (LTD). LTD benefits commence once your LTD application has been submitted and approved by SSQ Insurance. If your claim is declined, you may be eligible for support services provided by **Genex***

Definition of Disability

To qualify for Long-Term Disability, you must be unable to perform any occupation for which you are suited by education, experience, and training.



Additional Resources:

- [AOMBT Disability Leaves](#)
- [AOM: Human Resources](#)
- [AOM: Planning a Leave of Absence](#)
- [AOM On Call phone support](#)
- AOM/AOMBT: 416.425.9974 or 1.866.418.3773
- CMO: 416.640.2252 or 1.844.640.2252



This AOMBT resource was developed with input from the Disability Justice Resolution Working Group and the AOM.

In advance of your return from a Disability Leave:

- Contact your practice to discuss your return to work plans
- Contact CMO to change from Inactive
- Contact hospital(s)/birth centre to advise of return date and reinstate your privileges
- Contact AOM to have liability insurance reinstated and change membership status
- Contact the AOMBT to discuss your benefits and, if necessary, re-enrolment in benefits plan. Re-enrolment forms must be submitted within 31 days of returning to active practice

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